

Grapefruit Avocado and Fennel Salad

Serves

8

Ingredients

1/3 cup fresh orange juice
1/4 cup fresh lemon juice
3 tbs. olive oil
2 tbs. honey
1 tbs. minced shallot
1 tsp. grated lemon peel
1 tsp. grated orange peel
1 tsp. fresh peeled minced ginger
1 tsp. dry mustard
1 tsp. oriental sesame oil
2 large pink grapefruit
1 pound fennel bulbs, trimmed cut into paper thin slices
2 large avocados, halved, pitted, peeled, cut into thin slices
2 cups arugula

Preparation Instructions

Whisk first 10 ingredients in large bowl to blend. season with salt and pepper. Using a sharp knife, cut between membranes of grapefruit to release segments. Spread fennel slices over large platter. Arrange grapefruit segments and avocado slices atop fennel. Drizzle dressing over salad. Arrange arugula on top of salad.