

Salad of Arugula, Shaved Fennel Prosciutto Di Parma and Parmesan Cheese



Serves

4

Ingredients

1-16 oz bag of arugula
1 pack of Prosciutto di Parma (16 oz)
1 medium fennel bulb, shaved
1 medium red onion, cut in long pieces
1-6oz wedge of parmesan-regianno cheese
12 cherry tomatoes (3 on each plate)
1- lemon
Extra virgin olive oil
Fresh ground black pepper

Preparation Instructions

Wash arugula and place on 4 plates. Cut and shave fennel on the top. Chop the red onion and place on the top. Cut the cherry tomatoes in half and place on plate with arugula. Roll up three pieces of Prosciutto di Parma for each plate. Shave the parmesan cheese in long ribbons and place on the top of it all. Drizzle extra virgin olive oil, a squeeze a fresh lemon, and a pinch of salt and fresh ground black pepper.